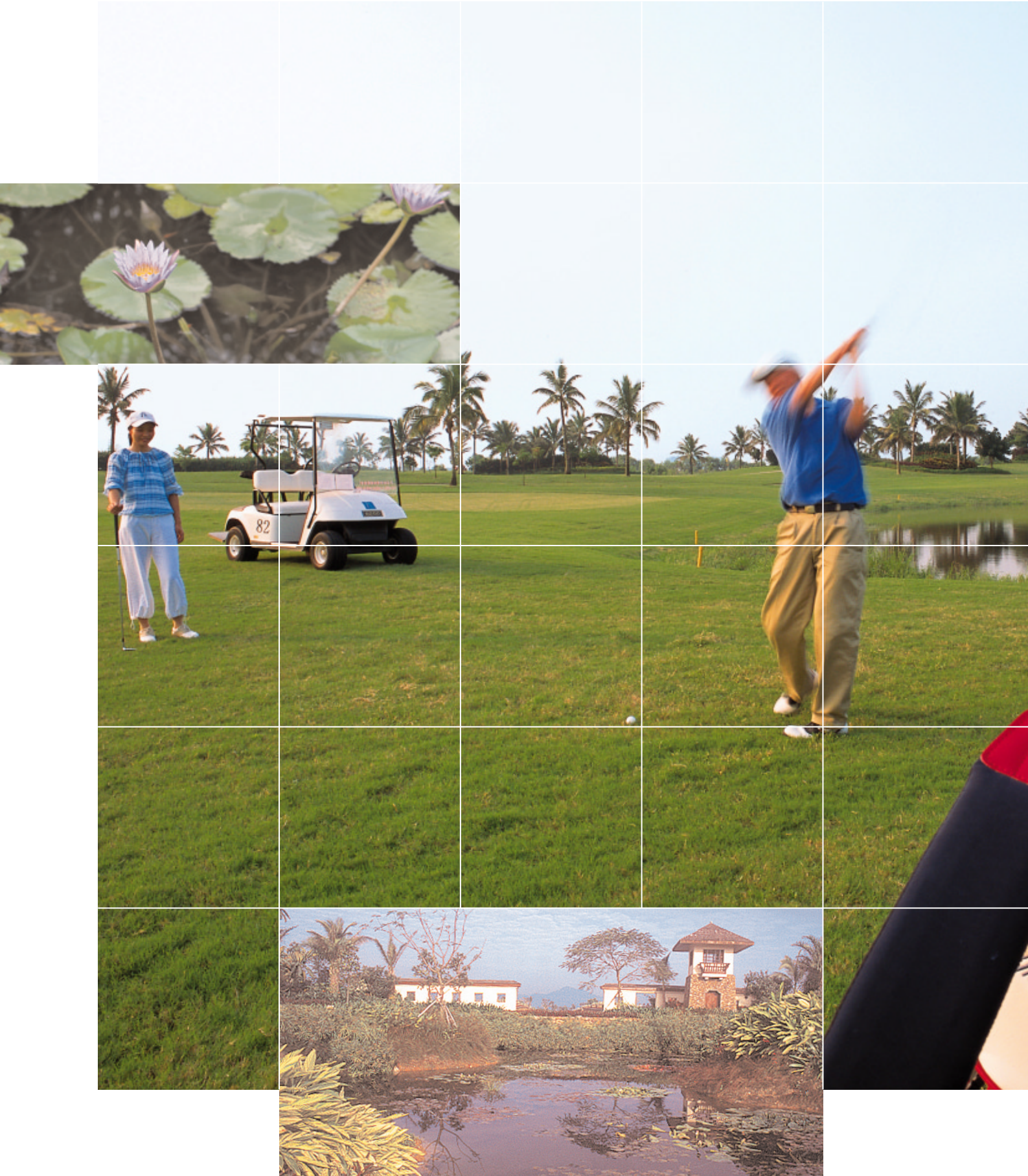inspiring lifestyles