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160 Health International Limited

健康160国际有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 2656)

APPOINTMENT OF NOMINATION COMMITTEE MEMBERS

The board (the “**Board**”) of directors (the “**Directors**”) of 160 Health International Limited (the “**Company**”) hereby announces that Ms. Sun Meng, a non-executive Director, and Mr. Zou Jun, an independent non-executive Director, have been appointed as members of the nomination committee under the Board (the “**Nomination Committee**”) with effect from September 29, 2025.

Following the above appointments, the Nomination Committee comprises five members, namely Mr. Luo Ningzheng (chairman), Ms. Sun Meng, Mr. Zou Jun, Dr. Xu Weiguo and Dr. Fan Ming.

By order of the Board
160 Health International Limited
Mr. LUO Ningzheng
*Chairman of the Board, Executive Director
and Chief Executive Officer*

Hong Kong, September 29, 2025

As of the date of this announcement, the Board comprises (i) Mr. LUO Ningzheng, Mr. JI Cuilin, Mr. HUANG Lang and Mr. WANG Lifa as executive Directors; (ii) Mr. ZHANG Ruxie and Ms. SUN Meng as non-executive Directors; and (iii) Mr. ZOU Jun, Dr. XU Weiguo and Dr. FAN Ming as independent non-executive Directors.